

Post-Operative Pain Medications

- If prescribed Hydrocodone (Norco) or Oxycodone Acetaminophen (Percocet): **Please use as prescribed.**
 - Take with food and drink lots of fluids
 - Do **not** take more than 8 tabs of your prescription medication in 24 hours
 - **Warning:** You **cannot** take any additional Tylenol (acetaminophen) while taking these medications (there is already Tylenol in them)
- You **can** take non-steroidal anti-inflammatory medications to help with pain while taking these medications. These include:
 - Advil/Motrin (Ibuprofen) – 400 to 600mg up to 3 times a day *with food*
 - Aleve (Naprosyn) – Twice a day *with food*
 - **Warning:** Do not take these additional medications if you have a history of ulcers or significant reflux
- Begin tapering medications down after your 3rd to 5th day after surgery. Taper down to one tab every 4-6 hours
- Your prescription medications (Hydrocodone/Norco or Percocet) can cause constipation. The best way to prevent this is to stop taking the prescribed medications as soon as possible. Drink lots of fluids and take a stool softener, such as Colace/Docusate, if needed while you are taking the prescribed pain medications.

*****For questions concerning your post-operative medications, please call your doctor's office at 972-470-5000*****